

Nanaimo Stick Bonspiel and League Rules

1. Each team is comprised of two curlers who must both use a stick to deliver stones. Teams can be composed of any combination of senior men (age 55+), senior women (age 50 +) or wheelchair curlers (no age restrictions).
2. One member of each team stays at each end of the rink and must not cross centre ice.
3. Sweeping is allowed by the delivering team only from the hog line to the back line AND by the opposition team from the tee line to the back line.
4. All stones must be released before the stone reaches the near hog line and with some part of the stone within 2 feet of the centre line.
5. Except for wheelchair curlers, each delivery must begin with the right foot in the left hack, for right handed curlers, or with the left foot in the right hack for left-handed curlers. Wheelchair curlers follow the standard wheelchair delivery rules.
6. The two delivering curlers alternately throw 6 rocks each per end while their teammates skip that end. Then roles are reversed for the next end.
7. The first three stones delivered in an end may not be removed from play before the delivery of the fourth stone of that end. If this happens, the delivered stone is removed from play and all other stones are returned to their original positions.
8. Each team may call a maximum of two one minute time outs (and meet at centre ice) during a game. During an extra end, one additional time out is allowed. The opposing team can also consult near centre ice when a time out is called.
9. All games are 6 ends. Ties will only be broken on the final day of the bonspiel by an extra end, with each player throwing 3 stones and switching roles with their team mate at the midpoint of the extra end without moving the first 6 delivered stones.
10. Other rules and etiquette of regular curling apply. Games should take no longer than one hour to complete.