



League Guide and Information

ADULT NOVICE

Wednesday 7:30 (Beginner/Novice Training League, Open)



ALL ABILITIES

SLEEMAN 6 PACK* Monday 5:45 (Open, RC, 6PT)	A .F. FRIENDLY FIVE Wednesday 6:15 (Open, DH, 5PT)	INVESTOR GROUP MIXED Friday 6:30/8:30 (Mixed, RC, SQ)
BUSINESS LADIES Tuesday 4:45 (RC)	TUTOR DOCTOR Friday 4:00 (Open, RC)	SENIOR MIXED STICK Thursday 9:00 (50+, SQ)
SENIOR LADIES Monday 1:00 (50+, DH, SQ)	SENIOR MIXED Wednesday 12:45 (50+, DH, SQ)	SENIOR MEN Tues/Fri Daytime (55+, DH, SQ)



INTERMEDIATE/ ADVANCED

LADIES OPEN Monday 7:30 (RC, SQ)	MEN'S OPEN Tuesday 6:30/8:30 (RC, SQ)	SENIOR RINK OF CHOICE Wed 3:30 (55+, Open, RC, \$)
LADIES RINK OF CHOICE Thursday 1:00 (RC)	MEN'S OPEN Thursday 6:30 (RC, SQ)	MEN'S HANGOVER LEAGUE Sunday (Independent league)

Rinks of Choice (RC): Players enter as team. Contact the league Rep to register as an individual or if your team needs another member.

Draw from a Hat (DH): Players enter individually or as a pair, often by preferred position. Teams are assembled by random draw.

Squares (SQ): Grouping of like ability teams and/or set duration of games.

Open: Teams of male and/or female curlers in any combination.

Mixed: 2 male and 2 female curlers alternate by position.

Ability levels: Beginner (New), Novice (Under 2 years of curling experience) , Intermediate or Advanced.

5 or 6 Player Teams (#PT): Teams choose how to rotate players and positions week to week.

Cash League (\$): Competitive money league

Stick: Curling rocks are delivered with the aid of a stick.

***Sleeman 6 Pack** league includes lessons for players not curling in the game.

Sign up to Spare!
It's a great way to learn about new leagues and meet new curlers.

Complete descriptions of each league including day, draw times and contact Rep information can be found on the NCC website:

NanaimoCurlingClub.ca

250.753.3474

